

Lead at Work

Don't Bring It Home

Many people work around lead dust. Lead dust can harm people, especially young children and pregnant women.

If you work in jobs such as plumbing, welding, renovating or painting houses, autobody work, boatyard work, electrical work, battery recycling, radiator repair, or plastic manufacturing, you should follow these steps to protect yourself and your family:



Always wear appropriate safety equipment at work to protect yourself from breathing in lead dust.



Change out of your work clothes before leaving work. Never wear your work clothes in your car or into your home.



Wash your work clothes at work, if possible. Otherwise, carry them home in a sealed plastic bag and wash them separately from your family's laundry.



Wash your hands and face immediately after finishing work.



Shower and wash your hair as soon as possible after you finish working.

Talk to your supervisor about lead in the workplace. Ask for the Material and Safety Data Sheets for your work site.

Talk to your doctor if you work around lead and experience symptoms of lead poisoning such as, fatigue, headaches, constipation, abdominal pain, sleep disturbance, or joint pain.

For more information call the Family Health Information Line, 1-800-942-7434 or go to www.health.ri.gov/lead

Prevent lead poisoning in young children

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**Healthy Homes
Healthy Children**